

Highland Hills Middle School Daily Announcements  
7/31/19

**ATHLETICS**

Football is back! If you're a 7<sup>th</sup> or 8<sup>th</sup> grader wanting to play football, it's not too late to join! Practice will be after school, Mondays-Thursdays from 4:00-6:30 PM. See Coach Howard in the PE hallway for more information. This week is the last chance to join the team!

Boys' Cross Country practices will be Mondays-Thursdays from 6:00-7:15 PM. You must bring an athletic physical (dated after 4/1/19) to Coach Mires in order to practice. To sign up for the Boys' Cross Country Remind group, please text @2019hhms to 810-10. All communication will go out through the Remind101 app.

The Boys' Tennis parent/player meeting will be Monday, August 5 at 5:00 in the cafeteria. Tryouts will be August 6-8 from 3:45 -5:00. Players must have a physical on file in the office prior to tryouts. Tennis emergency packets needed for tryouts will be available at the parent meeting and in the front office August 1.

Girls' Volleyball tryouts will be in the HHMS gym on Tuesday, August 6 and Thursday, August 8:

5<sup>th</sup> and 6<sup>th</sup> graders: 4:00-5:30 PM

7<sup>th</sup> & 8<sup>th</sup> graders: 5:30-7:00 PM

All players must have an athletic physical on file in order to try out.

**WASHINGTON DC TRIP**

The final installment for the 8<sup>th</sup> grade DC trip is due **TOMORROW, August 1.**